

**Daniel S. Bailis**

Email: [Dan.Bailis@umanitoba.ca](mailto:Dan.Bailis@umanitoba.ca)  
Tel. 204-474-9453

**CURRENT POSITION**

Professor  
Department of Psychology  
University of Manitoba  
P439 Duff Roblin Building  
190 Dysart Road  
Winnipeg, Manitoba  
Canada R3T 2N2

**EDUCATION**

Ph.D. 1995, Psychology, Princeton University  
Dissertation: *The influence of existing attitudes on judgments of fictional and factual narratives.*

M.A. 1992, Psychology, Princeton University

B.A. 1990, Psychology, University of California, Berkeley  
With Distinction in General Scholarship

**PREVIOUS POSITIONS**

**University of Manitoba, Department of Psychology**

Head	2014-2023
Associate Head (Graduate)	2009-2014
Associate Professor	2005-2013 (tenured 2008)

**University of Manitoba, Faculty of Physical Education and Recreation Studies**

Associate Professor	2003-2005
Assistant Professor	1998-2003

**University of Manitoba, Centre on Aging**

Research Affiliate	2004-present
--------------------	--------------

**University of Manitoba, Health, Leisure & Human Performance Research Institute**

Research Affiliate	1998-2019
Post-doctoral Fellow	1996-1998

**Wellness Institute at Seven Oaks General Hospital, Winnipeg, Manitoba**  
Research Director 1998-2000

**University of Winnipeg, Department of Psychology**  
Lecturer 1995-1996

**RAND Corporation, Santa Monica, California**  
Graduate Intern Summer 1992

During 1996-2005, I also held adjunct appointments in the Department of Psychology and the Faculty of Social Work at the University of Manitoba, and in the Department of Psychology at the University of Winnipeg. I held teaching and research assistant positions during my graduate studies at Princeton University, 1990-1995.

## **RESEARCH**

### **INTERESTS**

My research examines lifestyle decisions that contribute to population health and well-being, and the social psychological and personality factors behind those decisions. I especially draw upon theories in social and personality psychology that address the interplay of action and identity – where identity is examined as a cause, consequence, and sometimes an object to be shielded from our actions and decisions.

Within the Action and Identity Lab at the University of Manitoba, I have used this approach to study topics in the psychology of health and aging, such as self-rated health, physical activity, goal conflict, perceived control, social comparison, and collective self-esteem. I am currently working on several projects to investigate how personal decision-making is related to individual differences in self-compassion.

These projects build upon our current understanding of how self-compassion relates to mental processing of past events, and they pivot toward a new understanding of how self-compassion relates to mental processing of the future – i.e., the prospects of gains and losses that have not happened yet. Using survey and experimental research designs together with applied multivariate statistics, my students and I are investigating consequences of self-compassion for risky decision-making related to consumerism, gambling, lifestyle change, and sport injury rehabilitation.

### **PUBLICATIONS**

#### **Peer-reviewed articles**

1. Bailis, D. S., Single, A. N., Brais, N. J. J. R., & Schellenberg, B. J. I. (2023). Going for broke: Self-compassion, risky decision-making, and differences in problem gambling severity among undergraduates. *Self and Identity*, 22(3), 379-407.  
<https://doi.org/10.1080/15298868.2022.2104363>.
2. Schellenberg, B. J. I., Semenchuk, B., Bailis, D. S., Strachan, S., & Quach, A. (2022)

Good Times, Bad Times: A Closer Look at the Relationship between Savoring and Self-Compassion. *Personality and Individual Differences*, 198, available online: <https://doi.org/10.1016/j.paid.2022.111807>.

3. Schellenberg, B. J. I., Gaudreau, P., & Bailis, D. S. (2022). Lay theories of obsessive passion and performance: It all depends on the bottom line. *Personality and Individual Differences*, 190, available online: <https://doi.org/10.1016/j.paid.2022.111528>.
4. Zhang, J. W., Javaid, A, Bui, V., Howell, R. T, & Bailis, D. S. (2021). Asian Americans/Canadians Daily Self-Compassionate Response to Discriminations During COVID-19: Implications for Subjective Well-Being and Protective Behaviors. *Self and Identity*, 20. Published online Dec 2021: <https://doi.org/10.1080/15298868.2021.2012511>.
5. Schellenberg, B. J. I., & Bailis, D. S. (2021). More questions about multiple passions: Who has them, how many do people have, and the relationship between polyamorous passion and well-being. *Journal of Happiness Studies*, 22, 3299-3320, doi: [10.1007/s10902-021-00369-2](https://doi.org/10.1007/s10902-021-00369-2)
6. Schellenberg, B., Verner-Filion, J., Quach, A. & Bailis, D. (2021). Basketball jones: Fan passion, motives, and reactions to the suspension of the National Basketball Association season due to COVID-19. *Psychology of Sport and Exercise*, 54. [10.31234/osf.io/32msf](https://doi.org/10.31234/osf.io/32msf).
7. Bailis, D. S., Brais, N. J., Single, A. N., & Schellenberg, B. J. I. (2021). Self-compassion buffers impaired decision-making by potential problem gamblers in a casino setting. *Journal of Gambling Studies*, 37, 269-282, doi: [10.1007/s10899-020-09993-8](https://doi.org/10.1007/s10899-020-09993-8).
8. Schellenberg, B., Mosewich, A., Bailis, D., Gaudreau, P., & Verner-Filion, J. (2019). When self-compassion loses its luster: Ratings of self-compassionate and self-critical responding among passionate students. *The Journal of Experimental Education*. Published online: 26 Nov 2019.
9. Schellenberg, B. J. I., & Bailis, D. S. (2019). Passionately motivated reasoning: Biased processing of passion-threatening messages. *Journal of Personality*, 87(3), 518-531. <http://dx.doi.org/10.1111/jopy.12412>
10. Schellenberg, B. J. I., Verner-Filion, J., Gaudreau, P., Bailis, D. S., Lafrenière, M.-A. K., Vallerand, R. J. (2019). Testing the dualistic model of passion using a novel quadripartite approach: A look at physical and psychological well-being. *Journal of Personality*, 87(2), 163-180. <https://doi.org/10.1111/jopy.12378>
11. Schellenberg, B. J. I., & Bailis, D. S. (2018). When decisions are clouded by passion: A look at casino patrons. *Motivation Science*, 4, 274-279. DOI: [10.1037/mot0000086](https://doi.org/10.1037/mot0000086).
12. Schellenberg, B. J. I., & Bailis, D. S. (2017). Lay theories of passion in the academic domain. *Educational Psychology*, 37, 1029-1043. DOI: [10.1080/01443410.2017.1322178](https://doi.org/10.1080/01443410.2017.1322178)

13. Erickson, J., Mackenzie, C. S., Menec, V. H., & Bailis, D. S. (2017). The effect of time perspectives on mental health information processing and help-seeking attitudes and intentions in younger versus older adults. *Aging & Mental Health, 21*(3), 259-271. DOI: 10.1080/13607863.2015.1099608.
14. Schellenberg, B. J. I., Bailis, D. S., & Mosewich, A. D. (2016). You have passion, but do you have self-compassion? Harmonious passion, obsessive passion, and responses to passion-related failure. *Personality and Individual Differences, 99*, 278-285, doi: 10.1016/j.paid.2016.05.003.
15. Schellenberg, B. J. I., & Bailis, D. S. (2015). Predicting longitudinal trajectories of academic passion in first-year university students. *Learning and Individual Differences, 40*, 149-155.
16. Schellenberg, B. J. I., & Bailis, D. S. (2015). The two roads of passionate goal pursuit: links with appraisal, coping, and academic achievement. *Anxiety, Stress, and Coping, 29*, 287-304. DOI 10.1080/10615806.2015.1036047.
17. Schellenberg, B. J. I., & Bailis, D. S. (2015). Can passion be polyamorous? The impact of having multiple passions on subjective well-being and emotional experiences. *Journal of Happiness Studies, 16*, 1365-1381.
18. Yallop, L., Brownell, M., Chateau, D., Walker, J., Warren, M., Bailis, D., LeBow, M. (2014). Lifetime prevalence of Attention Deficit Hyperactivity Disorder in young adults: Is the socioeconomic gradient childhood-limited? *The Canadian Journal of Psychiatry.*
19. Schellenberg, B. J. I., Gunnell, K. E., Mosewich, A. D., & Bailis, D. S. (2014). Measurement invariance of the Passion Scale across three samples: An ESEM approach. *Measurement in Physical Education and Exercise Science, 18*, 242-258
20. Schellenberg, B. J. I., Bailis, D. S., & Crocker, P. R. E. (2013). Passionate hockey fans: Appraisals of, coping with, and attention paid to the 2012-2013 National Hockey League lockout. *Psychology of Sport and Exercise, 14*, 842-846. doi: 10.1016/j.psychsport.2013.06.004
21. Newall, N. E. G., Chipperfield, J. G., & Bailis, D. S. (2013, July 26). Predicting stability and change in loneliness in later life. *Journal of Social and Personal Relationships.* Advance online publication. doi: 10.1177/0265407513494951
22. Newall, N. E. G., Chipperfield, J. G., Bailis, D. S., & Stewart, T. L. (2012, August 13). Consequences of loneliness on physical activity and mortality in older adults and the power of positive emotions. *Health Psychology.* Advance online publication. doi: 10.1037/a0029413
23. Chipperfield, J. G., Newall, N. E., Perry, R. P., Stewart, T. L., Bailis, D. S., & Ruthig, J. C. (2012). Sense of control in late life: Health and survival implications. *Personality and Social Psychology Bulletin, 38*. 1081-1092.

24. Thacher, T. M., & Bailis, D. S. (2012). Selective defensiveness or nondefensiveness: How does relative autonomy relate to excuse-making when goal pursuits do not succeed? *Motivation and Emotion, 36*, 323-337.
25. Bailis, D. S., Thacher, T. M., Aird, N., & Lipschitz, L. J. (2011). Affective and behavioral traces of goal conflict with physical activity. *Basic and Applied Social Psychology, 33*, 128-144.
26. Bailis, D. S., Segall, A., & Chipperfield, J. G. (2010). Age, relative autonomy, and change in health locus of control beliefs: A longitudinal study of members of a health-promotion facility. *Journal of Health Psychology, 15*, 326-338.
27. Bailis, D. S., Chipperfield, J. G., Perry, R. P., Newall, N., & Haynes, T. (2008). Exploring the commonalities between adaptive resources and self-enhancement in older adults' social-comparative judgments of physical activity. *Journal of Aging and Health, 20*, 899-919.
28. Bailis, D. S., Chipperfield, J. G., & Helgason, T. R. (2008). Collective self-esteem and the onset of chronic conditions and activity reduction in a longitudinal study of aging. *Social Science and Medicine, 66*, 1817-1827.
29. Swift, A. U. A. A., Bailis, D. S., Chipperfield, J. G., Ruthig, J. C., & Newall, N. (2008). Gender differences in the adaptive influence of compensatory control beliefs: A longitudinal study of life satisfaction. *Canadian Journal of Behavioural Science, 40*, 104-112.
30. Ruthig, J. C., Chipperfield, J. G., Bailis, D. S. & Perry, R. P. (2008). Perceived control and risk characteristics as predictors of older adults' health risk estimates. *Journal of Social Psychology, 148*, 667-688.
31. Chipperfield, J. G., Perry, R. P., Bailis, D. S., Ruthig, J. C., & Chuchmach, L. P. (2007). Gender differences in use of primary and secondary control strategies in older adults with major health problems. *Psychology and Health, 22*, 83-105.
32. Bailis, D. S., & Chipperfield, J. G. (2006). Emotional and self-evaluative effects of social comparison information in later life: How are they moderated by collective self-esteem? *Psychology and Aging, 21*, 291-302.
33. Bailis, D. S., Fleming, J. A., & Segall, A. (2005). Self-determination and functional persuasion to encourage physical activity. *Psychology and Health, 20*, 691-708.
34. Bailis, D. S., Chipperfield, J. G., & Perry, R. P. (2005). Optimistic social comparisons of older adults low in primary control: A prospective analysis of hospitalization and mortality. *Health Psychology, 24*, 393-401.
35. Bailis, D. S., & Segall, A. (2004). Self-determination and social comparison in a health-promotion setting. *Basic and Applied Social Psychology, 26*, 25-33.

36. Bailis, D. S., Segall, A., & Chipperfield, J. G. (2003). Two views of self-rated general health status. *Social Science and Medicine*, 56, 203-217.
37. Bailis, D. S., & Chipperfield, J. G. (2002). Compensating for losses in perceived personal control over health: A role for collective self-esteem in healthy aging. *Journal of Gerontology: Psychological Sciences*, 57, P531-P539.
38. Bailis, D. S. (2001). Benefits of self-handicapping in sport: A field study of university athletes. *Canadian Journal of Behavioural Science*, 33, 213-223.
39. Feigenson, N. R., & Bailis, D. S. (2001). Air bag safety: Media coverage, popular conceptions, and public policy. *Psychology, Public Policy and Law*.
40. Bailis, D. S., Segall, A., Chipperfield, J. G., & Mahon, M. J., & Dunn, E. M. (2001). Perceived control in relation to socioeconomic and behavioral resources for health. *Social Science and Medicine*, 52, 1661-1676.
41. Prentice, D. A., Gerrig, R. J., & Bailis, D. S. (1997). What readers bring to the processing of fictional texts. *Psychonomic Bulletin and Review*, 4(3), 416-420.
42. Bailis, D. S., & MacCoun, R. J. (1996). Estimating liability risks with the media as your guide: A content analysis of media coverage of tort litigation. *Law and Human Behavior*, 20(4), 419-429. Reprinted in *Judicature*, 80(2), 64-67.
43. Bailis, D. S., Darley, J. M., Waxman, T. L., & Robinson, P. H. (1995). Community standards of criminal liability and the insanity defense. *Law and Human Behavior*, 19(5), 425-446.

### **Book chapters**

1. Bailis, D. S., & Chipperfield, J. G. (2012). *Hope and optimism*. In V. S. Ramachandran (Ed.), *Encyclopedia of Human Behaviour* (2<sup>nd</sup> ed., pp. 342-349). Oxford, UK: Elsevier.
2. Feigenson, N. R., Bailis, D. S., & Klein, W. M. (2004). Perceptions of terrorism and disease risks: A cross-national comparison. *University of Missouri Law Review*, 69, 991-1012.
3. Chipperfield, J. G., Bailis, D. S., & Perry, R. P. (2002). Health attitudes in older people. In D. J. Ekerdt et al. (Eds.), *Encyclopedia of Aging*. New York, NY: Macmillan.
4. Bailis, D., & Alexander, M. (1998). Measurement and evaluation in human performance [Review of textbook]. *Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD) Journal*, 64(1), 40.
5. Bailis, D. S., & MacCoun, R. J. (1996). Estimating liability risks with the media as your guide. *Judicature*, 80(2), 64-67. Reprinted from *Law and Human Behavior*.

## CONFERENCE PRESENTATIONS

### Invited

1. Bailis, D. S. (2010, October). *Goal conflict as a barrier to regular physical activity*. Paper presentation to the 4th Annual Sport Canada Research Initiative Conference, Ottawa, Ontario.
2. Bailis, D. S. (2008, November). *Goal conflict as a barrier to regular physical activity*. Paper presentation to the 2nd Annual Sport Canada Research Initiative Conference, Ottawa, Ontario.
3. Thacher, T. M., & Bailis, D. S. (2007, November). *Goal conflict as a barrier to regular physical activity*. Paper presentation to the Inaugural Sport Canada Research Initiative Conference, Ottawa, Ontario.
4. Bailis, D. S., (2007, May). *Goals workshop*. Panelist (with Tim Kasser, Arlen Moller, and Chris Niemiec) for a workshop on goals presented to the 3rd International Conference on Self-Determination Theory, Toronto, Ontario.
5. Bailis, D. S. (2002, May). *Collective self-esteem, control striving, and health in older adults*. Paper presentation to the Social Psychology Preconference, 63<sup>rd</sup> Annual Convention of the Canadian Psychological Association, Vancouver, British Columbia.

### Peer-reviewed (National/International) or Juried (University of Manitoba) Presentations

1. Hall, A., & Bailis, D. S. (2023). *Exploring relationships between self-compassion, materialism, and spending*. Poster accepted for presentation to the Canadian Psychological Association Annual Convention, Toronto, Ontario.
2. Mathews, N. K., & Bailis, D. S. (2023). *Playing with fire: Exploring the relationship between self-compassion and future risks*. Poster accepted for presentation to the Society for Personality and Social Psychology 2023 Convention, Atlanta, Georgia.
3. Bui, V., Zhang, J. W., Snell, A. N., Howell, R. T., & Bailis, D. S., (2022, February). *Daily self-compassion protects Asian Americans/Canadians after experiences of COVID-19 discrimination: Implications for subjective well-being and health behaviors*. Poster accepted for presentation to the Society for Personality and Social Psychology 2022 Convention, San Francisco, CA (virtual conference).
4. Semenchuk, B., Schellenberg, B., Bailis, D., Strachan, S.M., & Quach, A. (2021, October). *Self-compassion predicts greater savouring of positive experiences in sport*. Poster presentation to the Canadian Society for Psychomotor Learning and Sport Psychology (Online) Conference.
5. Bui, V., & Bailis, D. S. (2021, February). *Limiting Social Media: The Effects of Self-Compassion on Goal Attainment and Well-Being*. Poster accepted for presentation to the

Society for Personality and Social Psychology 2021 Convention, Austin, TX (virtual conference).

6. Schellenberg, B. J. I., Mosewich, A. D., Bailis, D. S., Gaudreau, P., & Verner-Filion, J. (2020, May). *Passionate students' appraisals of self-compassion*. Poster presented (virtually) at the 2020 Convention of the Canadian Psychological Association, Montréal, Québec.
7. Bailis, D. S., Single, A. N., Brais, N. J. J. R., Schellenberg, B. J. I. (2020, February). *Does self-compassion encourage taking risks?* Poster presented at the Society for Personality and Social Psychology 2020 Convention, New Orleans, LA.
8. Bui, V., & Bailis, D. S. (2020, February). *Self-compassion and well-being in the context of personal life change*. Poster presented at the Society for Personality and Social Psychology 2020 Convention, New Orleans, LA.
9. Schellenberg, B., Gaudreau, P., & Bailis, D. (2020, February). *Lay theories of passion and success in the workplace: It all depends on the bottom line*. Poster presented at the Society for Personality and Social Psychology 2020 Convention, New Orleans, LA.
10. Bui, V., & Bailis, D. S. (2019, October). *Self-compassion and well-being in the context of personal life change*. Poster presented at the 2019 Undergraduate Research Poster Competition, University of Manitoba, Winnipeg, Manitoba.
11. Brais, N., Bailis, D., Single, A., & Schellenberg, B. (2019, June). *Self-Compassion and Risk Taking: A Field Study of Casino Patrons*. Poster presented at the 80th Annual Convention of the Canadian Psychological Association, Halifax, Nova Scotia.
12. Kristjanson, K., Bailis, D., & Leslie-Toogood, A. (2018, June). *Dispositional mindfulness as it relates to stress, rate of recovery, and performance among collegiate student-athletes*. Poster presented at the 29<sup>th</sup> International Congress of Applied Psychology, Montréal, Québec.
13. Schellenberg, B. J. I. & Bailis, D. S. (2017, October). *Stop your passion! The role of passion dimensions and activity control in responses to passion-threatening messages among passionate runners*. To be presented at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), St. John's, Newfoundland and Labrador.
14. Schellenberg, B.J.I., Gaudreau, P., Bailis, D. S., & Verner-Filion, J. (2017, January). *Passion and well-being: Testing the dualistic model of passion using a quadripartite approach*. Poster presentation at the Society for Personality and Social Psychology Pre-Conference on Happiness and Well-Being, San Antonio, Texas.
15. Schellenberg, B. J. I., & Bailis, D. S. (2017, June). *Students' beliefs about the effects of academic passion on university performance and experiences*. Poster presentation at the Annual Convention of the Canadian Psychological Association.



16. Brais, N. J. J. R., Single, A. N., Schellenberg, B. J. I., & Bailis, D. S. (2016, October). Age, self-compassion, and risk taking: A field study of casino patrons. Poster presented at the 2016 Undergraduate Research Poster Competition, University of Manitoba, Winnipeg, Manitoba.
17. Single, A. N., Brais, N. J. J. R., Schellenberg, B. J. I., & Bailis, D. S. (2016, October). Self-compassion among high-risk problem gamblers in casino patrons. Poster presented at the 2016 Undergraduate Research Poster Competition, University of Manitoba, Winnipeg, Manitoba.
18. Single, A., Bailis, D., & Schellenberg, B. (2016, April). *Self-compassion and risk taking in problem and non-problem gambling*. Poster presented at the 2016 Prairie Undergraduate Research Conference, Winnipeg, Manitoba.
19. Schellenberg, B. J. I., & Bailis, D. S. (2015, June). *Harmonious passion predicts selective exposure to passion-threatening messages*. Digital poster presentation to the 76<sup>th</sup> Annual Convention of the Canadian Psychological Association, Ottawa, Ontario.
20. Schellenberg, B. J. I., & Bailis, D. S. (2014, June). *Manipulating passion using an ostensible interaction paradigm: Consequences for momentary affect*. Poster presentation to the 75<sup>th</sup> Annual Convention of the Canadian Psychological Association, Vancouver, British Columbia.
21. Schellenberg, B. J. I., Gunnell, K. E., Mosewich, A. D., & Bailis, D. S. (2014, June). *Measurement invariance of the Passion Scale across three samples: An ESEM approach*. Poster presentation to the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) conference, Minneapolis, Minnesota.
22. Schellenberg, B. J. I., Bailis, D. S., & Crocker, P. R. E. (2013, October). *Passionate hockey fans: Appraisals of, coping with, and attention paid to the 2012-2013 National Hockey League lockout*. Poster to be presented at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Kelowna, British Columbia.
23. Haviva, C., & Bailis, D. S. (2013, October). *Rural elders receive a threat-buffering benefit from adaptive use of social comparison*. Poster presentation to the 42<sup>nd</sup> Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Halifax, Nova Scotia.
24. Schellenberg, B. J. I., & Bailis, D. S. (2013, January). *Can passion be polyamorous? The impact of harmonious and obsessive passion for multiple activities on hedonic and eudaimonic well-being*. Poster presented to the 14<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana.
25. Thacher, T. M., & Bailis, D. S. (2013, January). *Relative autonomy and reactivity to motivation threats*. Paper presented to the 14<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana.

26. Schellenberg, B. J. I., Bailis, D. S., & Thacher, T. M. (2012, June). *Experiences of setbacks and excuse making by passionate exercisers and athletes*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) conference, Honolulu, Hawaii.
27. Thacher, T. M., & Bailis, D. S. (2012, May). *Differences in value endorsement by high and low autonomy individuals under motivation and performance threat*. Poster presented at the 5th Annual Meeting of the Society for the Study of Motivation, Chicago, Illinois.
28. Bailis, D. S., & McArthur, J. M. (2012, January). *Promoting exercise by reframing its relationship to competing goals*. Poster presented at the 13<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, San Diego, California.
29. Thacher, T. M., & Bailis, D. S. (2012, January). *Who's threatened by what? Relationships between autonomy, value-affirmation, and threats to motivation and performance*. Poster presented at the 13<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, San Diego, California.
30. Reyes, R., Bailis, D. S., & Thacher, T. M. (2011, October). *Distinctive features of goal conflict as a barrier to exercise*. Paper presented at the annual conference of the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, Manitoba.
31. Lippens, T., Mackenzie, C. S., Chipperfield, J. G., Bailis, D., & Sareen, J. (2011, June). *Treatment Satisfaction, perceived treatment effectiveness, and dropout among older users of mental health services*. Poster presentation to the 72<sup>nd</sup> Annual Convention of the Canadian Psychological Association, Toronto, Ontario.
32. Thacher, T. M., & Bailis, D. S. (2011, February). *Implementation intentions: Inoculations against goal conflict?* Poster accepted for presentation at 12<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, San Antonio, Texas.
33. Newall, N. E., Chipperfield, J. G., Bailis, D. S., Stewart, T. L., & Perry, R. P. (2010, December). *Lonely but happy: Can positive emotions help to reduce the detrimental effect that being lonely has on our physical well-being?* Poster presented to the Canadian Association on Gerontology, Montreal, Quebec.
34. Thacher, T. M., Bailis, D. S., Sande, G., & Kriellaars, D. (2010, June). *Relative autonomy, the triangle model of responsibility, and personal goal failure: Does high relative autonomy lead to selective excuse-making?* Poster presented to the 71<sup>st</sup> Annual Convention of the Canadian Psychological Association, Winnipeg, Manitoba.
35. Thacher, T. M., & Bailis, D. S. (2010, May). *Can excuse-making support internalization of personal goals?* Poster presented at the 4<sup>th</sup> International Conference on Self-Determination Theory, Ghent, Belgium.
36. Thacher, T. M., & Bailis, D. S. (2010, January). *Making excuses for personal goal failures: Integrating relative autonomy and the triangle model of responsibility*. Poster

presented at the 11<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Las Vegas, Nevada.

37. Newall, N., Chipperfield, J., Perry, R., Bailis, D., & Smith, M. (2009, October). *Changes in loneliness over time: a description of patterns of loneliness in older Manitobans*. In J. Chipperfield (Chair), *Thirty Five Years of Aging in Manitoba*. Symposium held at the annual meeting of the Canadian Association on Gerontology, Winnipeg, Manitoba.
38. Stewart, T. L., Chipperfield, J. G., Perry, R. P., & Bailis, D. (2009, October). *Health-related attributions: Implications for well-being and survival among very old adults*. Poster presented at the annual meeting of the Canadian Association of Gerontology, Winnipeg, Manitoba.
39. Scott, T., Mackenzie, C., Sareen, J., Chipperfield, J., & Bailis, D. (2009, October). *Mental health service use among Canadian older adults with anxiety disorders and high levels of anxiety symptoms*. Poster presented at the 38<sup>th</sup> Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Winnipeg, Manitoba.
40. Thacher, T. M., & Bailis, D. S. (2009, February). *What is your excuse? Relative autonomy, the Triangle Model of Responsibility, and failed exercise goals*. Poster presented to the 10<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Tampa, Florida.
41. Chipperfield, J. G., Newall, N. E., Perry, R. P., Haynes, T. L., Bailis, D. S., & Ruthig, J. C. (2009, February). *Secondary control beliefs, perceived control, and well being*. Poster presented to the 10<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Tampa, Florida.
42. Bailis, D. S., Thacher, T. M., & Lipschitz, L. J. (2008, June). *Goal conflict and the emotional price of physical activity*. Poster presented to the Society for the Psychological Study of Social Issues 7th Biennial Convention, Chicago, Illinois.
43. Bailis, D. S., & Buchanan, D. E. (2008, May). *Does goal conflict change the emotional significance of goal-related objects?* Poster presentation submitted to the Inaugural Meeting of the Society for the Study of Motivation, Chicago, Illinois.
44. Thacher, T. M., Aird, N. C., & Bailis, D. S. (2008, January). *Consequences of goal conflict: Negative attitudes toward goal-related objects*. Poster presented to the 9<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico.
45. Thacher, T. M., Bailis, D. S., Kent, C. A., & Cormier, D. (2007, August). *Physical inactivity and conflict with academic goals*. Poster presented to the 2007 Convention of the American Psychological Association, San Francisco, California.
46. Bailis, D. S., & Thacher, T. M. (2007, May). *Self-determination of multiple goals and the aftermath of decisions among them*. Paper presented to the 3rd International Conference on Self-Determination Theory, Toronto, Ontario.

47. Bailis, D. S. (2006, January). *The external world seen through the eyes of self-determined goal pursuit*. Symposium paper (organized by G. Pomaki on goal pursuit) presented to the 7<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Palm Springs, California.
48. Bailis, D. S., Helgason, T. R., & Chipperfield, J. G. (2005, June). *Overestimation of physical activity in later life: A chorus of individual differences in the pursuit of control*. Poster presented to the 66<sup>th</sup> Annual Convention of the Canadian Psychological Association, Montreal, Quebec.
49. Swift, A., Bailis, D. S., Chipperfield, J. G., Ruthig, J. C., & Newall, N. E. (2005, April). Compensatory secondary control and life satisfaction in the face of serious health problems. 85th Annual Convention of the Western Psychological Association, Portland, Oregon.
50. Hall, N. C., Perry, R. P., Stupnisky, R. H., Haynes, T. L., & Bailis, D. S. (2005, April). *Stability and self-regulation in primary and secondary control*. Paper presentation to the Western Psychological Association Meeting, Portland, Oregon.
51. Ruthig, J. C., Chipperfield, J. G., Bailis, D. S., Perry, R. P., & Stupnisky, R. H. (2005, April). *Primary and secondary control as predictors of older adults' health risk estimates*. Poster presentation to the Western Psychological Association Meeting, Portland, Oregon.
52. Bailis, D. S., Segall, A., & Chipperfield, J. G. (2005, January). *Age, motivation, and change in health locus of control beliefs: A longitudinal study of health club members*. Poster presented to the 6<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, New Orleans, Louisiana.
53. Chipperfield, J. G., Newall, N. E., Perry, R. P., & Bailis, D. S. (2004, October). *Helplessness as a moderator of the relationship between secondary control and well-being*. Poster presented to the Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Victoria, British Columbia.
54. Chipperfield, J. G., Perry, R. P., & Bailis, D. S. (2004, October). *The use of control strategies among older individuals with health challenges*. Poster presented to the Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Victoria, British Columbia.
55. Swift, A., Chipperfield, J. G., Clifton, R., & Bailis, D. S. (2004, October). *Primary and secondary control beliefs as buffers of stress and psychological well-being in older individuals*. Poster presented to the Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Victoria, British Columbia.
56. Segall, A., Bailis, D., & Chuchmach, L. (2004, August). *Exploring age differences in levels of physical activity and psychosocial well-being among the members of a wellness*

- facility*. Poster presented to the 6<sup>th</sup> World Congress on Aging and Physical Activity, London, Ontario.
57. Segall, A., Bailis, D., Chipperfield, J., et al. (2004, June). *Life chances and health choices: A longitudinal study of the social determinants of population health*. Roundtable presentation at the Canadian Sociology and Anthropology Association Annual Meeting, Winnipeg, Manitoba.
  58. Feigenson, N. R., Bailis, D. S., & Klein, W. M. (2004, February). *Perceptions of terrorism and disease risks: A cross-national comparison*. Paper presentation at the Interdisciplinary Perspectives on Fear and Risk conference, University of Missouri.
  59. Bailis, D. S., & Chipperfield, J. G. (2004, January). *Negotiating with low control over health: How a positive social identity keeps older adults well*. Poster presentation to the 5<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Austin, Texas.
  60. Chipperfield, J. G., Segall, A., Bailis, D. S., Perry, R. P., Chuchmach, L., & Swift, A. (2003, November). *Domain-specific perceived control across the adult lifespan*. Poster presentation to the Annual Meeting of the Gerontological Society of America, San Diego, California.
  61. Bailis, D. S., & Chipperfield, J. G. (2003, February). *Optimistic social comparisons and the health of older adults low in internal health locus of control*. Poster presented at the 4<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology, Los Angeles, California.
  62. Segall, A., & Bailis, D. S. (2002, November). *Life chances and health choices: Exploring the relative importance of structural and behavioural determinants of health*. Paper presented at the Social Determinants of Health Across the Lifespan Conference, York University.
  63. Bailis, D. S., & Chipperfield, J. G. (2002, July). *Collective self-esteem, perceived control, and well-being in older adults*. Poster presented at the 11<sup>th</sup> International Conference on Personal Relationships, Halifax, Nova Scotia.
  64. Bailis, D. S. (2002, May). *Benefits of self-handicapping in sport: A field study of university athletes*. Poster presented at the 63<sup>rd</sup> Annual Convention of the Canadian Psychological Association, Vancouver, British Columbia.
  65. Segall, A., Bailis, D. S., Payne, B., & Dunn, N. (2001, July). *Wellness as a lifelong pursuit*. Poster presented at the 17<sup>th</sup> World Congress of Gerontology, Vancouver, British Columbia.
  66. Chipperfield, J. G., Segall, A., Bailis, D. S., & Perry, R. P. (2001, July). *A lifespan analysis of perceived control and well-being*. Poster presented at the 17<sup>th</sup> World Congress of Gerontology, Vancouver, British Columbia.

67. Bailis, D. S., & Segall, A. (2001, June). *Autonomous regulation of health promoting behaviours: The role of social comparison experiences*. Poster presented at the 62<sup>nd</sup> Annual Convention of the Canadian Psychological Association, Ste.-Foy, Québec.
68. Bailis, D. S., & Fleming, J. A. (2001, February). *A functional approach to physical activity promotion*. Poster presented at the 2<sup>nd</sup> Annual Meeting of the Society for Personality and Social Psychology, San Antonio, Texas.
69. Bailis, D. S., & Segall, A. (2000, June). *Does self-rated general health tell of both self and health?* Poster presented at the biannual meeting of the Society for the Psychological Study of Social Issues, University of Minnesota, Minneapolis, Minnesota.
70. Bailis, D. S., Boyaniwsky, T., & Preston, J. (2000, May). *Do fictional narratives inspire projection, and factual narratives reflection?* Paper presented at the 72<sup>nd</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
71. Bailis, D., & Rodrigue, M. (1999, June). *Return to work following whiplash injury*. Poster presented at the 46<sup>th</sup> Annual Meeting of the American College of Sports Medicine, Seattle, Washington.
72. Ready, A. E., Mahon, M. J., Bailis, D., & Shea, L. (1999, June). *Evaluation of a one-year employer supported membership in a wellness facility*. Poster presented at the 46<sup>th</sup> Annual Meeting of the American College of Sports Medicine, Seattle, Washington.
73. Feigenson, N., & Bailis, D. S. (1999, May). *Media views of air bag risks: Content analysis and risk perception experiment*. Paper presented at the Law and Society Association Annual Meeting, Chicago, Illinois.
74. Bailis, D. S., & Fudyk, T. (1999, April). *The storybook romance as compared to one's own: Attachment style and judgments of fiction and fact*. Paper presented at the 71<sup>st</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
75. Dunn, E., Mahon, M., Chipperfield, J., Bailis, D., & Segall, A. (1997, October). *Health-related constraints and physical activity participation across the life span*. Poster presented at the National Recreation and Parks Association Leisure Research Symposium, Salt Lake City, Utah.
76. Segall, A., Chipperfield, J. G., Mahon, M., Bailis, D., & Dunn, E. (1997, October). *Interpreting the meaning of self-rated health: Age and gender differences*. Paper presented at the Canadian Association of Gerontology Conference, Calgary, Alberta.
77. Bailis, D. S., & Strong, B. N. (1997, August). *What we bring and leave behind when we travel to fictional worlds*. Paper presented at the 105<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, Illinois.
78. Bailis, D. S., Segall, A., Mahon, M. J., Chipperfield, J. G., & Dunn, E. M. (1997, June). *Do health behaviors explain the relationship of perceived control to good health?* Poster

presented at the 58th Annual Convention of the Canadian Psychological Association, Toronto, Ontario.

79. Chipperfield, J. G., Dunn, E. M., Segall, A., Bailis, D. S., & Mahon, M. J. (1997, March). *Perceived control over the life course*. Poster presented at the 16th Österreichischer Geriatriekongreß, Bad Hofgastein, Austria.
80. Prentice, D. A., & Bailis, D. S. (1995, July). *How does fictional information influence real-world judgments?* Paper presented at the 7th Annual Meeting of the American Psychological Society, New York, NY.
81. Bailis, D. S., Darley, J. M., Waxman, T. L., & Robinson, P. H. (1994, March). *Matching community standards and legal tests of the insanity defense*. Paper presented at the 1994 Mid-Year Conference of the American Psychology-Law Society, Santa Fe, New Mexico.
82. Bailis, D. S., & MacCoun, R. J. (1993, May). *Estimating liability risks with the media as your guide: A content analysis of media coverage of jury verdicts*. Paper presented at the 1993 Annual Meeting of the Law and Society Association, Chicago, Illinois.
83. Bailis, D. S., & Prentice, D. A. (1993, June). *Biased assimilation of fictional and factual information*. Poster presented at the 5th Annual Meeting of the American Psychological Society, Chicago, Illinois.
84. Bailis, D. S., Prentice, D. A., & Gerrig, R. J. (1993, April). *The influence of fictional information on beliefs about the real world*. Paper presented at the 65th Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.
85. Downs, J. S., Miller, D. T., Prentice, D. A., Buck, M. L., & Bailis, D. S. (1992, April). *Identity versus similarity as dimensions of interpersonal attachment*. Paper presented at the 63rd Annual Meeting of the Eastern Psychological Association, Boston, Massachusetts.

## GRANTS

### Major Research

1. Bailis, D. S. (2020-2024). *Self-Compassion at the Point of Sale: Investigating Linkages with High and Low Consumerist Behaviours*. Social Sciences and Humanities Research Council of Canada, Insight Grants Program, \$97,914.
2. Bailis, D. S. (2016-2017). Does self-compassion facilitate or prevent problem gambling? Manitoba Gambling Research Program: Small Grant, \$46,994. [Technical report: Bailis, D. S. (2019). *Does self-compassion facilitate or prevent problem gambling?* Final Report (#SM-15-18) to Manitoba Gambling Research Program, Manitoba Liquor and Lotteries. University of Manitoba, Winnipeg, Manitoba. 31 pages.]

3. Bailis, D. S. (2008-2011). *Goal conflict as a barrier to regular physical activity*. Social Sciences and Humanities Research Council of Canada and Sport Canada, Sport Participation Research Initiative, \$74,528.
4. Segall, A., & Bailis, D. S. (2002-2004). *Wellness Institute Services Evaluation Research*. Norlien Foundation, \$250,000.
5. Iwasaki, Y., Bailis, D., Butcher, J., Chipperfield, J., Heintzman, P., MacKay, K., Mactavish, J., Mahon, M., Mannell, R., O'Neil, J., Ristock, J., Tirone, S., Zuzanek, J. (1999-2002). *A multidisciplinary collaborative research initiative for a longitudinal project on stress, coping, and health*. Social Sciences and Humanities Research Council of Canada, Strategic Research Development Initiatives Program, \$60,000.
6. Rodrigue, M. (Co-Principal), Bailis, D. (Co-Principal), & Mahon, M. (1998). *Factors contributing to recovery of function and return to work following whiplash associated disorder*. Manitoba Public Insurance, \$62,752.
7. Segall, A. (Co-Principal), Bailis, D. S. (Co-Principal), Mahon, M. J., & Chipperfield, J. G. (1998). *Stability and change in self-rated general health status*. National Health Research & Development Program, Health Canada, \$35,000.
8. Segall, A., Mahon, M. J., Chipperfield, J. G., & Bailis, D. S. (1996). *Understanding the relationship between perceived control, personal health practices, and health status*. National Health Research & Development Program, Health Canada, \$32,154.

## Research Development

1. Bailis, D. S. (2020). Testing the loss-insensitivity theory of self-compassion and life satisfaction. University Research Grants Program (URGP), \$9,782, June 8, 2020 – December 31, 2021. UM Project#53218.
2. Bailis, D. (2019). *Self-compassion and anticipated loss*. Faculty of Arts Tri-Council Research Development Fund, \$3,490.
3. Bailis, D. S. (2014). *Finding Enjoyment in Multiple Goal Pursuits: The Interplay of Autonomy and Goal Conflict*. Department of Psychology REACH Funding Program and Faculty of Arts Head's Research Fund, \$11,250.
4. Bailis, D. S. (2013). *What holds the highly motivated back? Goal conflict and the active inhibition of sport/exercise participation*. Department of Psychology and Faculty of Arts and Office of the Vice President (Research and International) Bridge Funding Program, \$8,306.
5. Bailis, D. S. (2012). *What holds the highly motivated back? Goal conflict and the active inhibition of sport/exercise participation*. Faculty of Arts and Office of the Vice President (Research and International) Bridge Funding Program, \$3,540.



6. Bailis, D. S. (2012). Are perceptions of goal conflicts with sport/exercise participation pessimistically biased? University of Manitoba/Social Sciences and Humanities Research Council of Canada Program, \$6,835.
7. Bailis, D. S. (2007). *Avoiding the means to exercise: Affective transfer from the conflict with academic goals*. University of Manitoba/Social Sciences and Humanities Research Council of Canada Program, \$6,990.
8. Bailis, D. S. (2006). *Choosing health in the presence of other goals: A goal-systems perspective on health-related behavior*. University of Manitoba Bridge Funding, \$5,000.
9. Bailis, D. S. (2006). *Goal conflict in the pursuit of positive health behaviors*. University of Manitoba/Social Sciences and Humanities Research Council of Canada Program, \$7,000.
10. Bailis, D. S. (1996). *Collective self-esteem as a focus of therapeutic recreation for youth at risk*. Health, Leisure & Human Performance Research Institute, \$3,800.
11. Bailis, D. S. & Bergeron, G. (1996). *When athletes undermine their chances of peak performance: Self-handicapping as a focus of performance enhancement*. Health, Leisure & Human Performance Research Institute, \$4,000.

### **Education and Research**

1. Bailis, D. S., Leboe-McGowan, L., Leboe-McGowan, J., Marx, H., Smith, G., & Sobie, G. (2018-2019). *Setting up for success: Development of a co-operative education program in the Faculty of Arts*. Teaching and Learning Enhancement Fund, University of Manitoba, \$13,515.
2. Brais, N. J. J. R. (2016, May-August), Psychology Undergraduate Research Experience Award, Department of Psychology, University of Manitoba, \$6,000. Supervisor: D. S. Bailis.
3. Single, A. N. (2016, May-August), Psychology Undergraduate Research Experience Award, Department of Psychology, University of Manitoba, \$6,000. Supervisor: D. S. Bailis.
4. Guse, L., Porter, M. M., Etcheverry, E., Bailis, D., & Inglis, J. (2002). *Exploring approaches to fall prevention in long term care: Interdisciplinary Summer Research Program*. Deer Lodge Foundation and Human Resources Canada, \$42,292.
5. Guse, L., Porter, M. M., Etcheverry, E., Bailis, D., & Inglis, J. (2001). *Preventing and predicting fall risk in long-term care: An investigation of self-directed exercise and grip strength testing: Interdisciplinary Summer Research Program*. Deer Lodge Foundation and Human Resources Canada, \$35,000.

### **TEACHING**

## **COURSES**

### **Psychology**

Social psychology (introductory undergraduate, 2-term and 1-term formats)  
Introduction to health psychology (upper level undergraduate)  
Design and analysis for psychological experiments (honours undergraduate)  
Honours research seminar in psychology (honours undergraduate)  
Social psychology and health (honours undergraduate/graduate)

### **Physical Education and Recreation Studies**

Measurement and evaluation (undergraduate)  
Seminar in research methods (graduate)

## **STUDENT SUPERVISION**

### **Ph.D.**

Kevin Kristjanson (co-supervised with Dr. Adrienne Leslie-Toogood),  
Benjamin Schellenberg  
Tara Thacher

### **M.A.**

Nhu Ngoc (Natalia) Nguyen  
Nicolas Brais (co-supervised with Dr. Ed Johnson)  
Kevin Kristjanson (co-supervised with Dr. Adrienne Leslie-Toogood)  
Clove Haviva  
Tara Thacher

### **B.A. (honours)**

Katarina Klippenstein  
Abigail Hall  
Remy Desloges  
Chantelle Chernick  
Van Bui  
Thomas Thompson  
Reegan McCheyne  
Cindy Foster  
Nicolas Brais  
Alanna Single  
Nicole Buck  
Michaela Calderwood  
Pamela Bachewich  
Brian Wood

Jennifer McArthur  
Ryan Reyes  
Daniel Buchanan  
Nathan Aird  
Erika Pouru  
Tara Thacher  
Chelsey Kent  
Tiffany Helgason  
Teddy Andres  
J. Ashley Fleming  
Jesse Preston  
Tara Boyaniwsky  
Tanya Fudyk  
Brian Strong

### **Undergraduate Research Experience Awards**

Abigail Hall (PURE)  
Nathan Mathews (PURE)  
Van Bui (PURE)  
Cindy Foster (MGRP)  
Nicolas Brais (PURE, MGRP)  
Alanna Single (PURE)

### **M.A./Ph.D. Thesis Advisory/Examining Committee**

Nic Brais (Psychology)  
Kiri Shafto (Applied Health Sciences)  
Belal Zia (Psychology)  
Alyse Sukovieff (Psychology)  
Lindsay Huska Berard (Psychology)  
Corey Petsnik (Psychology)  
Alanna Single (Psychology)  
Elena Bilevicius (Psychology)  
Darren Neufeld (Psychology)  
Jessa Hogarth (Psychology)  
Tara Conway (Psychology)  
Erin Buckels (Psychology)  
Yunqiao Wang (Psychology)  
Clove Haviva (Psychology)  
Laura Meade (Kinesiology and Recreation Management)  
Jennifer McArthur (Community Health Sciences)  
Olya Bullard (Marketing)  
Kristin Davies (Kinesiology and Recreation Management)  
Julie Erickson (Psychology)  
Tiffany Scott (Psychology)  
Lia Daniels (Psychology)  
Cheryl Harasymchuk (Psychology)

Lauren Yallop (Psychology)  
Nancy Newall (Psychology)  
Linda Wood (Community Health Sciences)  
Jenny Lu (Recreation Studies)  
Mariam Omar (Recreation Studies)  
Darren Campbell (Psychology)  
Zhu Zhu (Recreation Studies)  
Andria Mudry (Social Work)  
Nathan Hall (Psychology)  
J. Ashley Fleming (Psychology)  
Ana Stipanovic (Nursing)  
Audrey Swift (Physical Education & Interdisciplinary Studies)  
Philip Snow (Physical Education)  
Christine Couldwell (Recreation Studies)  
Magda Zmitrowicz (Recreation Studies)

## SERVICE

### Outreach

#### *Academic colloquia*

University of Manitoba (Faculty of Kinesiology and Recreation Management)  
University of Manitoba (Psychology)  
University of Manitoba (Family Social Sciences)  
University of Manitoba (Centre on Aging)  
University of Manitoba (Faculty of Physical Education and Recreation Studies)  
Lakehead University (Department of Psychology)  
University of Winnipeg (Department of Psychology).

#### *Local academic meetings*

Health, Leisure & Human Performance Research Day (presenter – 2019; poster judge - 2016, presenter - 2013)  
Research-Palooza (Department of Psychology)  
Research Forum (Centre on Aging)  
SHOWCASE (Faculty of Arts)

#### *Media appearances*

Interview for Global News in Winnipeg (January 4, 2024, with Talha Hashmani) on results of an Angus Reid survey of optimism of Canadians heading into 2024  
Interview in the *Manitoban* (August 30, 2022, by Matthew Merkel)  
Interview in the *Winnipeg Free Press* (May 5, 2020, “Comfort levels vary in response to economic restart” by Julia-Simone Rutgers)  
Feature interview for “Finding Happy,” by Michael Marshall in *UM Today: The Magazine* (May 1, 2017)

Feature interview for “The Social Experiment,” by Michael Marshall in *UM Today: Alumni Magazine* (October 19, 2017)  
Winnipeg *Sun* (interview with David Larkins re: road rage, July 21, 2015)  
Winkler-Morden *Voice*  
University of Manitoba *Bulletin*  
Health, Leisure, and Human Performance Research Institute *Newsletter*  
*The Uniter*  
*The Manitoban*  
*Winnipeg Free Press*  
*Psychology Today*  
*Exploring Social Psychology* (Canadian Edition)  
Global News  
*QNEWS*, the Manitoba Quality Network newsletter  
[myWinnipeg.com](http://myWinnipeg.com)  
CJOB radio  
Manitoba Television Network  
CBC News Radio  
*San Francisco Chronicle*

### ***Community presentations***

Panelist on *Building Climate Resilience* hosted by the Office of Sustainability (2021)  
Seniors’ Alumni Learning for Life Program presenter on Psychosocial Factors in Healthy Aging (2018)  
*Visionary Conversations* panelist (2014)  
Psychology Month Address (sponsored by Manitoba Psychological Society and Canadian Mental Health Association)  
Centre on Aging Spring Symposium  
Recreation Connections Conference  
Manitoba Safety Council Road Safety Conference;  
Manitoba Justice Administrative Conference  
Quality Focus ’99: People, Practices, Opportunities  
South Winnipeg Technical Centre  
Knowles Centre

### ***Service to community organizations and science outreach to schools***

*Let’s Talk Science* High School Summer Camp in Psychology (2017, 2018, 2020, 2021)  
Designer/Presenter)  
Text interview for school project on advertising by Grade 7 student, Henry G. Izatt  
School  
St. Amant Research Centre (2014-present; Board Member)  
Mini-University Children’s Programs (2011; development team for “Mysteries of the Mind,” a 1-week summer day camp in Psychology for kids aged 10-13)  
Wellness Institute at Seven Oaks General Hospital (1998-2003; research advisory committee)  
Knowles Centre (1997-1998; research ethics committee)

### ***Workshops***

“Working with professors” (University Teaching Service, for graduate students)  
“Testing interactions in regression” (University of Manitoba, EMCOR research group)  
“Aging and control in long-term care” (Deer Lodge Centre)  
“Uses of the National Population Health Survey: Pitfalls and peak experiences”  
(University of Manitoba and Statistics Canada).

### ***Guest lectures***

“Personality, Stress, and Health” (Guest lecture in PSYC 2530 Personality for Dr. Nick Evans, November 2023)  
“Self-compassion and the anticipation of loss” (Social and Personality Area Research Seminar Series, with Reegan McCheyne, November 2018)  
"Health beliefs" (Sociology of Health and Illness)  
"Strategic uses of social comparison in later life" (Psychology of Aging)  
“Sport and government” (Sociology of Sport)  
“Self-presentation in sport” (Sociology of Sport)  
“A social scientific approach to issues in recreation studies” (Advanced Outdoor Recreation Education)  
“Attitude structure and function” (Graduate Proseminar in Social Psychology)  
“Dual-process theories of attitude change” (Graduate Proseminar in Social Psychology)  
“Content analysis” (Graduate Research Methods Seminar in PERS)  
“Survey research and secondary data analysis” (Graduate Research Methods Seminar in PERS)

### ***Canadian Psychological Association***

“Psychology’s contribution to population health,” policy brief prepared for the CPA Health Section to submit to Canadian Institutes of Health Research, December 2004.

## **Reviewing**

### ***Manuscripts***

*AGE (Journal of the American Aging Association)*  
*Applied Physiology, Nutrition, and Metabolism*  
*Applied Research in Quality of Life*  
*Basic and Applied Social Psychology*  
*British Journal of Health Psychology*  
*Canadian Journal of Behavioural Science*  
*Canadian Psychology*  
*Current Psychology*  
*Demography*  
*Emotion*  
*European Journal of Social Psychology*  
*Journal of Aging and Health*  
*Journal of Applied Social Psychology*

*Journal of Applied Sport Psychology (Special Issue: Self-Presentation)*  
*Journal of Experimental Social Psychology*  
*Journal of Gambling Studies*  
*Journal of Gerontology: Psychological Sciences*  
*Journal of Health and Social Behavior*  
*Journal of Health Psychology*  
*Journal of Leisure Research*  
*Journal of Management Studies*  
*Journal of Personality and Social Psychology*  
*Journal of Women's Health*  
*Law and Society Review*  
*Leisure/Loisir: The Journal of the Canadian Association for Leisure Studies*  
*Motivation and Emotion*  
*Perceptual and Motor Skills*  
*Personality and Individual Differences*  
*Personality and Social Psychology Bulletin*  
*Personality and Social Psychology Review*  
*PLOS-ONE*  
*Proceedings of the National Academy of Sciences*  
*Psychology and Aging*  
*Psychology and Health*  
*Psycho-Oncology*  
*Social Behaviour and Personality*  
*Social Psychological and Personality Science*  
*Social Science and Medicine*  
*The Sport Psychologist*  
*Tropical Medicine and International Health.*

### **Grants**

Workers Compensation Board of Manitoba (Research and Workplace Innovation Program)  
Manitoba Health Research Council (Social/Population Health Committee Member, 2013, 2009)  
Anthony Marchionne Foundation  
Canadian Institutes for Health Research (CIHR)  
Social Sciences and Humanities Research Council of Canada (SSHRC) Research Grants Program

### **Ph.D. external examiner**

Concordia University (2019, 2008)  
Golden Gate University (2007)  
University of Ottawa (2012, 2006)

### **Faculty tenure/promotion external reviewer**

University of Memphis (tenure and promotion, 2022)

University of Alberta, Augustana Campus (full professor, 2020)  
University of Ottawa (full professor, 2016)  
University of Alberta (tenure, 2016)

### ***Conference abstracts***

Canadian Psychological Association  
American Psychology-Law Society.

## **Major Service: University of Manitoba**

### ***Review committees***

Research Grants Committee, Office of the Vice-President (Research), 2010  
SSHRC Vanier Award Selection Committee, Faculty of Graduate Studies, 2009  
Vineburg Prize in Psychology, 2007  
Thorlakson Foundation, 2005  
Centre on Aging, Graduate Scholarships Adjudication Committee, 2005, 2006  
Health, Leisure & Human Performance (HLHP) Research Institute Research Grants Competition, 1999, 1997.

### ***Tenure/Promotion/Search committees (extra to service as Department Head)***

Headship Search Committee in Linguistics, 2022-23  
Faculty of Arts Tenure Nucleus Committee, 2021-2023  
Canada Research Chair (Tier 2) in Social Psychology search committee, 2019  
Assistant Professor search committee in Kinesiology and Recreation Management, 2018  
Promotion committee, Student Affairs, 2018  
Tenure committee for 2 candidates in Psychology, 2009  
Assistant Professor search committee in Economics, 2008  
Assistant Professor search committees in Psychology, 2007, 2006  
Promotion committees, Faculty of Physical Education and Recreation Studies, 2004, 2001, 1998

### ***Research Ethics Boards***

Psychology/Sociology Research Ethics Board, 2005-2008  
Education/Nursing Research Ethics Board member, 2000-2002

### ***University of Manitoba Senate***

Senate Strategic Planning and Priorities Committee member and Chair, Subcommittee on Program and Curriculum Planning, 2002-2005.

### ***Other notable service to faculties***

Member, Faculty of Arts Teaching Excellence Committee, 2018-2020  
Member, University of Manitoba Central Unit Allocations Committee, 2018-19



Member, University of Manitoba Budget Model Redesign Steering Committee, 2016  
Chair, Advisory Board of the Health, Leisure, and Human Performance Research Institute (2015-17)  
Faculty of Graduate Studies Appeals standing committee, 2013-15  
Dean's committee on graduate funding in Arts, 2011  
Primary author, Statement of Intent to the Council on Post-Secondary Education to develop a Joint Program in Health Psychology with the Department of Clinical Health Psychology, Faculty of Medicine, 2008  
Social-Personality Area Coordinator in Psychology, 2013-14, 2006-7  
Drop-in consulting on research design and statistical analysis, Physical Education and Recreation Studies, 1996-2005

### **Professional Contributions to the Wellness Institute**

During 1998-2000, I served as Research Director of the Wellness Institute at Seven Oaks General Hospital in Winnipeg, Manitoba. I was the first occupant of this position, which was created through a community partnership agreement between the University of Manitoba and Seven Oaks General Hospital. In this capacity, I prepared grant proposals, completed a continuing medical education course on smoking cessation at the Mayo Clinic in Rochester, Minnesota, and conducted program evaluation research for the following technical reports:

1. Bailis, D. S. (2000). *Evaluation of the Wellness Institute's workplace smoking cessation program for employees of Seven Oaks General Hospital: Final report*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
2. Bailis, D. S. (2000). *Wellness Pathways Program Evaluation: Summer 2000*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
3. Ready, A. E., Mahon, M. J., Bailis, D., & DeCorby, K. (2000). *CIBC wellness pilot program: Wellness Institute, Seven Oaks General Hospital: Review of literature*. Winnipeg, Manitoba: Health, Leisure & Human Performance Research Institute.
4. Ready, A. E., Mahon, M. J., & Bailis, D. (2000). *CIBC wellness pilot program: Wellness Institute, Seven Oaks General Hospital: Final report*. Winnipeg, Manitoba: Health, Leisure & Human Performance Research Institute.
5. Bailis, D. S. (2000). *Wellness Institute at Seven Oaks General Hospital: Employee health risk appraisal: Final report*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
6. Bailis, D. S. (2000). *Wellness Pathways Program Evaluation: Winter 2000*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
7. Bailis, D. S. (2000). *Evaluation of the Wellness Institute Satellite Exercise Program: First-Year Progress Report*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital

8. Bailis, D. S. (2000). *Wellness Pathways Program Evaluation: Fall 1999*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
9. Bailis, D. S. (1999). *South Winnipeg Technical Centre Wellness Promotion Survey: Final Report*. Winnipeg, Manitoba: Wellness Institute at Seven Oaks General Hospital.
10. Bailis, D. S., Rodrigue, M. R., & Mahon, M. J. (1998). *Factors contributing to recovery of function and return to work following whiplash associated disorder (Executive summary and Vols. 1-3)*. [Health, Leisure & Human Performance Research Institute series no. 083.] Winnipeg, Manitoba: Health, Leisure & Human Performance Research Institute.

## RECOGNITION

### Honours and Awards

Outstanding Achievement Award, Faculty of Arts, University of Manitoba, 2011  
 Department of Psychology Teaching Award, 2011  
 Merit Award, Research and Service in the Social Sciences, Humanities, and Fine Arts,  
 University of Manitoba and University of Manitoba Faculty Association (\$3,000),  
 2008  
 Outstanding Achievement Award, Faculty of Arts, University of Manitoba, 2007  
 Health, Leisure & Human Performance Research Institute Travel Award (\$1,000), 2003  
 Teaching Assistantships, Princeton University, 1990-1994  
 Social Research Training Grant, National Institute of Mental Health, 1992-1993  
 University Fellowship, Princeton University, 1990-1991  
 Distinguished Service Award, University of California, Berkeley, 1990  
 Alumni Scholarships, University of California, Berkeley, 1986, 1988

### Professional Associations

Canadian Psychological Association (Social/Personality and Health sections)  
 American Psychological Association (Social/Personality and Health divisions)  
 Society for Personality and Social Psychology